

RISK ASSESSMENT FOR WALKING

(Page 1 of 2)

STEWART YATES TRADING AS ASSYNT FLY FISHING

Risk Assessment Carried out by: Stewart Yates

Date: 1st January 2024

Review Date: 1st November 2024

HAZARD	PERSONS AT RISK	PRE-ACTION RISK H/M/L	PRECAUTIONS TO BE TAKEN	POST-ACTION RISK H/M/L	FURTHER ACTIONS
Slips, trips and falls.	ALL	H	<ul style="list-style-type: none">• Correct footwear.• Walking poles.• Thorough briefing.• Correct route choice.• Guide to walk at front of group and brief following group on significant hazards.• Walk at an easy pace for the slowest member of the group.• Abandonment of activity due to weather conditions.• Avoid using vegetation/trees which may be insecure as handholds on steep ground.	L	<ul style="list-style-type: none">• Continual close monitoring of group and weather conditions by guide.• Vigilance by all in group.
Dehydration, Sunburn, Exhaustion and Hypothermia.	ALL	M	<ul style="list-style-type: none">• Route within the abilities of weakest in group.• Ensure that all in group have sufficient drinking water.• Correct clothing worn/carried.• Regular drink/rest-stops and ensure that additional clothing is donned for longer stops.• Application of sun-block as necessary.• Abandonment of activity due to weather conditions.	L	<ul style="list-style-type: none">• Continual close monitoring of group and weather conditions by guide.
Becoming lost.	ALL	M	<ul style="list-style-type: none">• Guide is completely familiar with area.• Guide is fully qualified and experienced.• Group stays together at all times.• Group briefed on route and made aware of safe route to start point throughout the day.• Abandonment of activity due to weather conditions.	L	<ul style="list-style-type: none">• Continual close monitoring of group and weather conditions by guide.

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(Page 2 of 2)

FOR USE BY STEWART YATES TRADING AS ASSYNT FLY FISHING ONLY

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HAZARD	PERSONS AT RISK	PRE-ACTION RISK H/M/L	PRECAUTIONS TO BE TAKEN	POST-ACTION RISK H/M/L	FURTHER ACTIONS
Medical emergency or serious injury.	ALL	L	<ul style="list-style-type: none">Fully charged mobile phone in waterproof case carried by guide, group briefed on its location and use.Emergency procedures in place for late return and loss of communications.Comprehensive First Aid kit carried by guide, group briefed on its location and use.Group asked to declare any medical conditions and to ensure that they are in possession of any medication.Abandonment of activity if deemed necessary by guide.	L	<ul style="list-style-type: none">Continual close monitoring of group by guide.Vigilance by all.
Risks posed by wild animals and insects.	ALL	M-H	<ul style="list-style-type: none">Group briefed on the hazards presented by: Midges and Horseflies – Irritant that may cause loss of concentration, leading to more serious accident.Ticks – remote possibility of Lyme Disease and symptoms thereof. Tick removal tool carried by guide in First Aid kit. Information available.Stags (during rutting season) – May challenge walkers, stay well clear.Adders – Venomous snake but very rare, even large specimen would struggle to inject venom into leg through even just cotton trousers, first two bites usually non-venomous, be vigilant, wear gaiters.	L	<ul style="list-style-type: none">Continual close monitoring of group by guide.Vigilance by all in group.